



Chi Mangia Bene, Vive Bene

He Who Eats Well, Lives Well

LUNCH MENU

Tuesday - Friday 11:00am - 3:30pm

Saturday 11:30am - 3:00pm

APPETIZERS

- Sal's* Jumbo Artichoke Oreganata..... 10.95
- Baked Clams Oreganata..... 10.95
- Fried Calamari alla Cherry Peppers 11.95
- Mozzarella Sticks (6)8.95
- Sal's* Sausage & Zucchini..... 10.95
with melted gorgonzola
- Mussels Marinara or Bianco..... 10.95
- Sal's* Chicken Wings (8)9.95
- Eggplant Rollatini9.95
- Cold Antipasto..... 10.95

PIZZETTA

- Napolitana9.95
- Sal's* Bruschetta..... 11.95
chopped tri-color salad, fresh mozzarella, tomatoes & basil
- Bianca con Funghi.....13.95
- Sal's* Caprese13.95
- Broccoli Rabe & Sausage..... 14.95
- Sal's* Quattro Stagione..... 14.95
artichokes, olives, mushrooms & fresh tomato
- Calzone (Baked or Fried).....10.95

*Gluten Free & Cauliflower Pizzetta Crust Available
(Additional Charge)*

PASTA

- Sal's* Rigatoni Pollo Oreganata..... 16.95
chicken & zucchini sautéed with garlic & oil
- Linguine with Clam Sauce (Red or White) 19.95
- Sal's* Italian Flag Gnocchi..... 19.95
pesto, alfredo & tomato sauce
- Manicotti..... 14.95
- Penne alla Vodka..... 14.95
- Sal's* Cavatelli Spezzatino di Vitello 19.95
tender pieces of veal, mushrooms & peas in a brown sauce
- Rigatoni alla Pesto..... 14.95
- Penne Primavera 16.95
- Sal's* Lasagna della Nonna 18.95
- Sal's* Vegetable Lasagna 16.95

ENTRÉES

- Eggplant ♦ Chicken Parmigiana..... 15.95 ♦ 17.95
- Chicken Francese ♦ Marsala18.95 ♦ 19.95
- Sal's* Chicken Scarpariello 17.95
on the bone with peppers, onions & mushrooms
- Veal Marsala ♦ Sorrentino 22.95 ♦ 22.95
- Sausage & Peppers16.95
- Shrimp Francese ♦ Oreganata..... 22.95 ♦ 22.95
- Scungilli Fra Diavolo 22.95
- Calamari Marinara.....19.95

SOUP

- Sal's* Pastina in Brodo..... 7.95
- Minestrone 7.95
- Escarole & White Bean 7.95
- Pasta Fagioli 8.95
- Tortellini in Brodo 8.95
- Sal's* Italian Wedding..... 8.95
escarole, orzo pasta & meatball
- Stracciatella Fiorentina 8.95
egg drop soup with spinach

SALAD

- Mixed Garden 9.95
- Sal's* Italian 11.95
Italian style chef's salad with salami & provolone
- Caesar Salad 8.95
- Sal's* Red Leaf 9.95
topped with dried cranberries & gorgonzola
- Tricolor 9.95
radicchio, roasted peppers, mozzarella, olive oil & balsamic
- Mesclun 9.95
tangerines, cranberries, walnuts & goat cheese
- Arugula 9.95
red onion, radicchio & gorgonzola with Sal's vinaigrette

*Grilled or Blackened Chicken ♦ 5.50
Grilled Jumbo Shrimp ♦ 3.95 / piece*

HEROS

- Eggplant ♦ Chicken Parmigiana..... 9.95
- Meatball Parmigiana 9.95
- Peppers & Egg..... 9.95
- Grilled Chicken.....10.95
lettuce & tomato with Sal's Italian vinaigrette
- Veal & Mushrooms.....10.95
chunks of veal with sliced mushrooms
- Italian Submarine10.95
prosciutto, salami, provolone & mixed greens with Sal's Italian vinaigrette
- Sal's* Italian Tuna Fish Salad10.95
herbs, diced tomato, lettuce & mayo
- Cheeseburger with fries12.95
- Sal's* Italian Cheeseburger.....14.95
with prosciutto & provolone cheese, served with fries

*Look for *Sal's* Signature Items!

ALLERGIES

Before placing your order, please inform your server if a person in your party has a food allergy.

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness especially if you have certain medical conditions.